

Welcome

Collective Care Futures Programme - Wellbeing Survey

# Thank you for your interest in the Care Futures programme.

**This first phase of the programme is focused on understanding the pandemic experience given the significant changes and impacts across many different areas of practice both in care homes and care at home.**

**If you have experience of working or connecting with care homes or care at home services we invite you to take part in this survey series to share your experience.**

**This week the survey is focused on the theme of ‘Wellbeing’. In this theme we are interested to explore the impacts of COVID-19 on wellbeing for staff, residents, families and people supported as well as the forms, use and value of wellbeing supports.**

**The survey has 3 sections: Wellbeing impacts, Forms of support, and Future wellbeing.**

**If you would like to see the questions in advance to help you complete the survey fully, you can download a PDF of the survey here - download survey questions.**

**You can also download Word copies of the survey to complete by hand or to distribute to others - download Word survey questions.**

**Please send any completed survey responses to** [**carefutures@scottishcare.org**](mailto:carefutures@scottishcare.org)

**Each week we will share a survey based on the weekly theme topic we are exploring. Each survey will take approximately 20-25 minutes to complete and there will be 6 surveys in total over the 6 weeks. You can choose to take part in as many or as little as you wish.**

**You can access previous surveys at:** [**http://www.scottishcare.org/care-futures-surveys/**](http://www.scottishcare.org/care-futures-surveys/)

**If you don’t feel that you have had direct working experience with the independent care sector during the pandemic but you would like to be involved in the second phase of the programme, please let us know and we will be in contact in due course.**



About you

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**This section is strictly confidential. No information from this section will be shared or attributed to your responses.**

## 1. Your name

2. Your organisation/service (if applicable)

* 3. Contact email address
  + 4. I am happy to be contacted to provide further information based on my responses

 Yes No

## 5. I would like to be contacted regarding updates and further opportunities to be involved around the Collective Care Future programme

 Yes No



Respondent information

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# This rest of your responses will be collected and analysed. Any quotes or information used in future write ups will be anonymised.

## 6. I am completing the survey from the perspective/context of:

 Care home service  Homecare service

 Health & Social Care Partnership  Local Authority

 NHS/Health Board

 Third Sector organisation (please specify)  Charitable body (please specify)

 Unpaid carer

 Person who accesses social care support

 Relative/friend of person who accesses social care support Other (please specify)

## Your role (if applicable):

* + 8. Location:

 Scotland-wide Aberdeen City  Aberdeenshire Angus

 Argyll & Bute City of Edinburgh

 Clackmannanshire

 Comhairle nan Eilean Siar  Dumfries & Galloway

 Dundee City  East Ayrshire

 East Dunbartonshire  East Lothian

 East Renfrewshire  Falkirk

 Fife

 Glasgow City  Highland

 Inverclyde Midlothian Moray

 North Ayrshire  North Lanarkshire  Orkney Islands  Perth & Kinross  Renfrewshire

 Scottish Borders  Shetland Islands  South Ayrshire  South Lanarkshire  Stirling

 West Dunbartonshire  West Lothian

Other (please specify)



Service information

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# Please skip to the next page if you do not work in a care home or homecare service

## Sector:

 Private

 Voluntary - charitable/not for profit  Statutory

## Type of service:

Care home for adults

Care home with nursing for adults Care at home service

Housing support service

Specialist service (please specify below)

Other (please specify)

## Size of service (care homes)

 1 - 10 beds

 11- 20 beds

 21 - 30

 31 - 40 beds

 41 - 50 beds

 51 - 60 beds

 More than 60 beds

If you work across/operate a number of services, please specify both number of services and total number of beds

## Size of service - homecare weekly hours

 Up to 1000 hours  1000-2000 hours

 2000-5000 hours

 5000-10,000 hours

 More than 10,000 hours

If you work across/operate a number of services, please specify both number of services and total hours



Wellbeing impacts

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* 1. What does **wellbeing mean to you** in the context of social care?

## How would you **describe the impact** of the pandemic on wellbeing across the care home/care at home sector?

* 1. From your experience, can you describe the **impact of COVID-19 on wellbeing** for specific groups? Please answer all that apply.

Care home staff

Care at home staff

Supervisors and managers

Care home residents

People supported at home

Families and loved ones

Others (please specify)

## Based on your responses, what do you feel have been the **biggest differences** in your experience of wellbeing during COVID-19?

* 1. What factors have **influenced wellbeing** during COVID-19, and for who?

Positive influences

Negative influences



Forms of support

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* 1. From your experience, what forms of **wellbeing support are you aware of** for specific groups? Please answer all that apply.

Care home staff

Care at home staff

Supervisors and managers

Care home residents

People supported at home

Families and loved ones

Others (please specify)

## If you have accessed any forms of wellbeing support (for yourself or others), can you **describe your experience** of this? Please specify what support(s) you accessed.

*e.g. Was this support useful/helpful? Was it easy to access? Was it tailored to your needs?*

* 1. **Who or what has been most valuable** in terms of supporting wellbeing during COVID-19?

For yourself

For others (please specify who)

* 1. Has anything been **challenging or missing** in terms of forms of wellbeing support during COVID-19?



Future wellbeing

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## What has **surprised you** about the experience of wellbeing during COVID-19?

* 1. What would you **want to see more of** for wellbeing across the social care sector?

## What needs to **change** in relation to wellbeing across the social care sector?

* 1. What would you like to see **prioritised** in relation to wellbeing across the social care sector going forward?



Thank You

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We are really grateful for you taking the time to complete this survey. We hope you have found it a useful way of sharing your COVID-19 experiences around wellbeing.

### If you would like support around your own wellbeing or that of others, the following resources may be useful :

**Promis.Scot website (national wellbeing hub for people working in health and social care) -** [**https://www.promis.scot/**](https://www.promis.scot/)

**Health and social care workforce mental wellbeing support line (available 24/7) - 0800 111 4191 Breathing Space website** [**https://breathingspace.scot/**](https://breathingspace.scot/) **and helpline - 0800 83 85 87**

**Age Scotland helpline for older people, carers and families - 0800 12 44222**

**Support Around Death (COVID-19 bereavement resources) -** [**http://www.sad.scot.nhs.uk/covid-19**](http://www.sad.scot.nhs.uk/covid-19/)**/**

The insights you share will be included (anonymously) in a written report that will be made available on the Scottish Care website. We may also present the programme findings at conferences and share updates of the programme on social media. No personal identifiable information (e.g. your name) will be used in any publication.

The survey responses will also be used to inform the second phase of the programme to shape more 'future focused' themes around what social care could and should look like. In this second phase of the programme we will undertake further engagement around the future of the independent care sector. If you would like to contribute in the second phase, please let us know on the details below. Further information on the second phase will also be provided on the Scottish Care website <https://scottishcare.org/project/collective-care-future/>

The final survey, which focuses on Profile of the social care sector, will be shared next week.

You can access previous surveys at: <https://scottishcare.org/project/collective-care-future/> You would be most welcome to participate in these too and your contribution would be valued.

If you would like to discuss anything further related to the programme and your involvement, please contact: Becca Young, Policy & Research Manager | [becca.young@scottishcare.org](mailto:becca.young@scottishcare.org)

Dr Tara French, Technology & Innovation Lead | [tara.french@scottishcare.org](mailto:tara.french@scottishcare.org)